

HOW MIGHT WE

Advocate

FOR

*Black moms, families, pregnant persons, and
community*

[Whoever the user is]

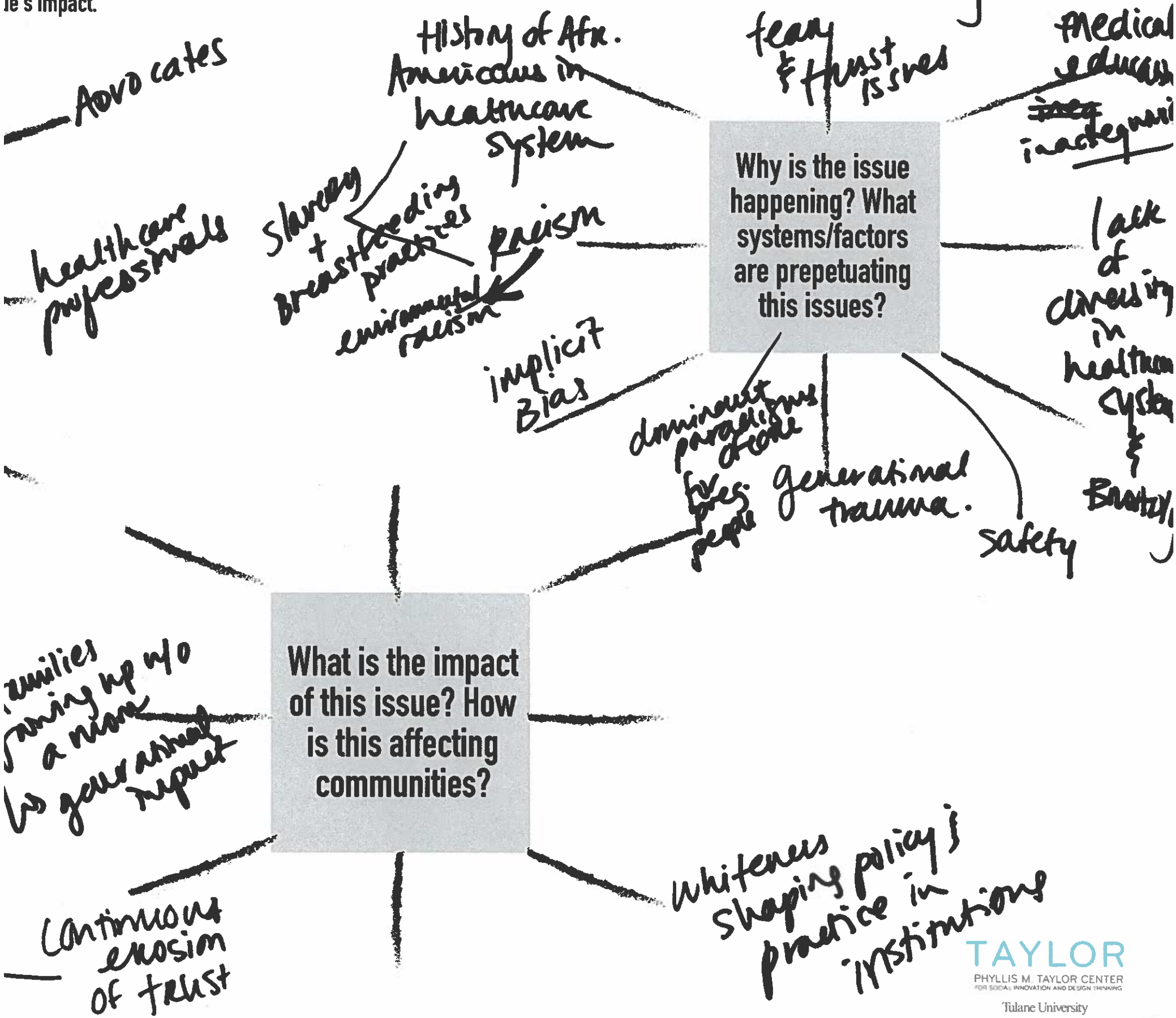
IN ORDER TO

eradicate racial disparities in maternal mortality

[Advocacy Goal]

Our MCH Topic is Racial disparities in Maternal mortality

?
ie's impact.



storm ideas based on the questions below for your MCH issue. Come with as many ideas as possible. Remember 1 idea per post-it note!

Where are the current gaps in addressing this issue?

- Lack of funding
- Re-directing of funds
- Lack of recommendation to policy change
- No Policy Champions
- Community Voice not being heard
- Ongoing community advisory +

What voices are over-represented?

- Plenty of experts
- Lack of lived-experience

Who's missing? Who needs to be included in this conversation?

Fund-holders

Who impacts the decision making process?

Transpar

Business
Communit
Policymakers

efforts using the prompts below.

able! Consider the scale of your ideas. Remember 1 idea per post-it note! Have fun!

advocate w/
F + A/OHO
PP

ate
up of
alition
membership

et funding
coalition

community
th classes
ate mem
community on how
ve for self.

reate
tion plan

- Nurse advocacy/
postpartum
home visits
for everyone

- Community
birthing center

↑ Black doula,
midwife, OB,
nurse, lactation
consultant
workforces

Grow
membership
to include
business, educators,
OB/GYNs, transportation
system, etc.

In 2035!

Close our
doors to
no more
preventable

every Black
pregnant
person gets
a doula

Get funding
for orgs w/in
our ranks
to scale ↑

traditional
med —
community

HOW MIGHT WE

Advocate

FOR

[Whoever the user is]

IN ORDER TO

improve their
overall mental
well-being

improve access
and quality
of mental
health services

New Orleans
families of /
expectant
persons
(pre, during, & post)

Our MCH Topic is

Perinatal mental health

?
ie's impact.

family/caregivers
→ "Dad"
→ Children

Why is the issue happening? What systems/factors are perpetuating this issues?

misinfo

limited public awareness

stigma/shaming

(BIH) inadequate resour

generational trauma

workforce/employers

mental beh. health / economic factors

SDOH

racism, bias/sexism

job insecurity (workplace politics)

child dev
ACEs
school health/wellbeing

What is the impact of this issue? How is this affecting communities?

family conflict + deterioration

attendance school performance (work + school)

Attachment disorders

suicide/violence

Form ideas based on the questions below for your MCH issue. Come as many ideas as possible. Remember 1 idea per post-it note!

Where are the current gaps in addressing this issue?

limited information about mental health (pre, post, perinatal)
Continuum of mental health/behavioral health
lack of standard leave policy (employers)
lack of parenting/
Conscious conception

What voices are over-represented?

Wealthy, white women
men
MCO *
employers *

Who's missing? Who needs to be included in this conversation?

ack, Brown, LGBTQ birthing persons
mental health professionals
dads, family system
academia

Who impacts the decision making process?

MCOs * (Hobby) *
philanthropy
larger lobby (i.e. march of dimes)
(local, state, federal) legislators

Brainstorm about our next advocacy efforts using the prompts below.
Come up with as many ideas as possible! Consider the scale of your ideas. Remember 1 idea per post-it note! Have fun!

Next 6 Months

appropriate
program
turnouts
on mental
health —
Blessed to be
stressed
a
ess plan
my
department
program
er group
new
families.
PLAY
ocal
orce
guide

Next 2 Years

~~Get~~ Better
compensation
for community
birth workers
propose policy
change/
Bill
Develop a
marketing
campaign focusing
on mental
health —
Target the
Churches
more on their
sex education

In 2035!

mental health/
family planning
Class mandatory
middle, HS, college
Universal &
Support groups
@ libraries/
rec dept.
Creation of
mental health
Review
board
Data collection
+ analysis to

HOW MIGHT WE

Advocate

FOR ^{pre}
MOTHERS \leq during pregnancy
post

[Whoever the user is]

IN ORDER TO

achieve equal access to quality
care

[Advocacy Goal]

Our MCH Topic is EQUAL access to quality

Shouldn't
determine
care
quality
? ie's impact.

Communities
of color

↓ income

incarcerated

communities
n't getting
help they
need.

~~PER~~

What is the impact
of this issue? How
is this affecting
communities?

disp. adverse
birth outcomes

Social health
determinants

Institutionalized
Racism

state/
National

Why is the issue
happening? What
systems/factors
are perpetuating
this issues?

lack of
info dist. care

health
care:
private/
public
sector

inherent
biases
↳ gender
↳ status

disp. in maternal
mortality

storm ideas based on the questions below for your MCH issue. Come with as many ideas as possible. Remember 1 idea per post-it note!

Where are the current gaps in addressing this issue?

What voices are over-represented?

Who's missing? Who needs to be included in this conversation?

Who impacts the decision making process?

Resource Allocation

Policy + decision makers / higher-ups

cond half of story ... home

Insurance companies

provider behavior change

institutional change

scientists
families directly impacted by unequal care

employer

perverse incentives

Redefining

WHAT quality care looks

Brainstorm about our next advocacy efforts using the prompts below.
Come up with as many ideas as possible! Consider the scale of your ideas. Remember 1 idea per post-it note! Have fun!

Next 6 Months

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unity
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ferences
MCH
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Next 2 Years

improve the
fragmented
insurance systems
^{allow}
~~recruit~~ more
community
members to
be involved in
disisions of
their care
change
medical
school
COSTS so MD'S
don't have debt
& more affordable
so doctors
can provide
care

In 2035!

Change healthcare
delivery model
national
paid
parental
leave
Moms
Know ~~where~~
~~they have~~ their
options
to remove gender
binaries
More money
for this
universal

I
Like

I like order,
content of
activities
Great job!

I like the collaboration
with people from
different perspectives

i like:
group-thinking
activities
How motivating
and accepting

I Like
Working
in small
groups

I liked the
group/team
work

I like
~~working~~ working
with a diverse
group on the
same topic

getting to
talk w/my
group

I did
the
process

I liked
brainstorming
in a group,
discussion

I like having
thought partners
& meeting of
minds

Like:
collaboration

Equal access to
quality care

Increase awareness + resources for
perinatal mental health

maternal mortality
- racial disparities

eradicating
racial

disparities in
healthcare
system

ur seats for moms
pon discharge

Post partum
home visits

ack women dying
e to preventable

uses: high blood pressure
heart disease

More birth educational
Classes to the community

old care - easier access with
navigating the system/hard
on assistance

Advocacy
Supporting policy initiatives

etting all healthcare
providers to listen
to black moms
(pregnant folks)

Wonder:

What's next?

Wish:

more time

I wish we could do one as a large group

I wish

I wish disparities in MCH didn't exist!

I wish we could have expressed to you or group what our ideas/insights were (modifications)

i wish: more time to talk about "mapping out the future" to how we can actually put that to action

I wish we could learn about other groups ideas

We had more time to see what current organizations are doing

I wish the space was a little easier to move in

It would be easier to turn ~~an~~ ideas into concrete interventions